- Alimentary tract as entry route for hantavirus infection
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ABSTRACT

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Hantaviruses are zoonotic agents that cause hemorrhagic fever with renal and/or cardiopulmonary manifestations, reaching fatality rates of up to 50%. A large proportion of hantavirus patients also suffer from gastrointestinal complications of unclear cause. Puumala hantavirus (PUUV), the predominant endemic hantavirus in Europe, is associated with mild forms of hemorrhagic fever with renal syndrome. PUUV is transmitted to humans by exposure to aerosolized excrement from infected rodents. In this study we demonstrate that PUUV can also infect via the alimentary tract. PUUV retains infectivity in gastric juice for at least some time in pH >3 and is able to infect polarized human Caco-2 monolayers. This small intestinal cell model exhibited viral association with endosomal antigen EEA-1, followed by virus replication and loss of epithelial barrier function with concomitant basolateral (serosal) occurrence of viruses. Cellular disturbance and depletion of the tight junction protein ZO-1 appeared after prolonged hantavirus infection. Subsequent cell rounding and detachment was observed, leading to paracellular leakage. Moreover, experimental PUUV infection of Syrian hamsters by the intragastric route led to seroconversion and protection against challenge by lethal Andes virus in a dose-dependent manner, confirming that PUUV retains infectivity when administered directly to the gut. These data are the first report of PUUV infections via the alimentary tract and demonstrate the importance of this route of transmission for public health considerations.

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Keywords

- 46 Hantavirus, Puumala virus, hemorrhagic fever with renal syndrome, zoonoses, virus entry,
- 47 gastrointestinal infection, gastric barrier, epithelial barrier, tight junction, transmigration,
- 48 endocytosis, hamster model

Importance

Hantaviruses are zoonotic pathogens, transmitted to humans by small animals, which cause severe hemorrhagic fevers worldwide. To date these viruses are generally thought to be transmitted by one of two routes: either through the inhalation of aerosolized virus from infected animal droppings (the predominant route of infection) or by rodent bites. It had been observed before that Andes hantavirus can infect hamsters by intragastric application, though the route was less efficient than others tested and the mechanisms were not investigated. In this study we show that PUUV, a hantavirus endemic to Europe, is capable of surviving in gastric juice, crossing the gastric barrier and causing a productive infection in the Syrian Hamster model of PUUV infection. We conclude that the alimentary tract is a productive path of infection. Our findings provide new insight into the mechanisms of hantavirus infection and have implications for hantavirus epidemiology and outbreak prevention measures.

INTRODUCTION

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Hantaviruses are zoonotic viruses harbored by small mammals such as rodents, shrews, or bats. They can cause disease in humans, leading to hemorrhagic fevers of varied severity. Old World hantavirus infections usually lead to Hemorrhagic Fever with Renal Syndrome (HFRS), with case fatality rates of up to 15%, while the clinical course New World hantavirus infection is mainly linked with Hantavirus Cardiopulmonary Syndrome (HCPS), also known as hantavirus pulmonary syndrome, and case fatality rates of up to 50%. The symptomatology of both manifestations is not strict and mixed clinical courses, as well as asymptomatic infection, can occur (1). In Europe most cases of hantavirus disease are caused by one of two strains of virus. Human infection with Puumala virus (PUUV), which is harbored by the bank vole (Myodes glareolus), typically leads to less severe disease, while individuals infected with Dobrava-Belgrade virus (DOBV), whose three genotypes *Dobrava*, *Kurkino*, and *Sochi* are carried by rodents of the genus Apodemus, are more likely to exhibit severe symptoms (1). Pathogenic hantaviruses are generally thought to enter the human body by inhalation of contaminated droppings from infected host animals, followed by infection of the lung epithelium. Moreover, in rare cases, rodent bites were reported to be the cause of infection (2). Hantaviruses preferentially use different β-integrins and CD55/DAF for cell entry (3 - 5). However, the presence of some of the receptor molecules on the basolateral side of the affected tissues requires effective disruption, or at least penetration, of the cell barrier, as shown in vitro for different tissue types (6). Interference with cellular barrier function of infected tissues can lead to capillary leakage and is a crucial aspect of hantavirus pathogenesis (2). As a prototypical member of the genus *Hantavirus*, Hantaan virus, was shown to enter cells by clathrin-dependent endocytosis after receptor-mediated binding to the cell surface (7).

Besides the typical organ preference of hantavirus disease, several studies have shown that the majority of patients exhibits hemorrhagic gastropathy (8). Moreover, in the Syrian hamster model established for South American Andes virus (ANDV) intragastric inoculation can result in lethal disease, albeit with a higher 50% lethal dose (LD₅₀) than the more effective intramuscular, subcutaneous, intranasal, and intraperitoneal delivery routes (9). In rare cases, contact to contaminated food was named as a possible risk factor for human hantavirus infections (10). These findings demonstrate that the gut is affected in human hantavirus disease and that the infection via the alimentary tract is a possible route of transmission. A gastrointestinal transmission route for HFRS-causing hantavirus has not been explicitly proposed or excluded for either humans or rodent infection. For this reason we conducted both in vitro and in vivo studies with PUUV, the main European hantavirus responsible for HFRS, to ascertain its viability as a route of infection. *In vitro* we investigated susceptibility of the human small intestinal epithelium for hantavirus infection, based on the polarized Caco-2 cell culture system, an established model for intestinal barrier function, and investigated the resistance of virus particles to gastric juice. In vivo we demonstrated that intragastric infection of Syrian hamsters with PUUV can lead to seroconversion and protective immunity against subsequent lethal hantavirus challenge.

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MATERIALS AND METHODS

Cell culture

Caco-2 cells (ATCC HTB-37) were cultivated at 37°C with 5% CO₂ and maintained in minimal essential medium (MEM) with 10% fetal bovine serum, and 1% L-glutamine. For immunofluorescence assays (IFA) Caco-2 cells were grown on coverslips in 24-well plates. For measurement of transepithelial electrical resistance (TER) the cells were seeded on

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permeable PCF filter inserts with an area of 0.6 cm² and a pore size of 0.4 µm (Millipore, Germany). The cells were grown for 21 days for differentiation to small intestinal properties. Cell medium was replaced every two or three days. Transepithelial electrical resistance (TER) was measured by an ohmmeter fitted with chopstick electrodes (EVOM, World Precision Instruments, USA) before infection and confluent cell monolayers showing epithelial resistance with above 500 Ω·cm² were used for experiments. Virus cultivation For in vitro studies: PUUV strain Sotkamo was grown on Vero-E6 cells (ATCC CRL-1586; American Type Culture Collection, Manassas, USA) under standard cell culture conditions. Viruses were harvested by ultracentrifugation through a sucrose cushion in order to remove residual cell culture components and titers were determined by focus titration, as previously described (11). For in vivo studies: PUUV strain K27 and ANDV strain Chile-9717869 were grown on Vero-E6 cells in T-150 flasks and collected from infected-monolayer supernatants. Cell debris were removed by low speed centrifugation (2,500 rpm in a table top centrifuge), and virus was twice plaque purified. Virus stocks were aliquoted and stored at -60°C or colder (12).Virus inactivation by gastric juice Gastric juice was taken from adult patients who underwent gastroscopy for other diagnostic reasons and were not treated by any acid suppressing medication. According to the Declaration of Helsinki (Ethical Principles for Medical Research Involving Human Subjects) all patients gave written informed consent. pH was measured and dilution series were performed by solution of NaOH pellets. PUUV stock was incubated with gastric juice of different pH for given time periods of 0-15

minutes. Subsequently pH was set to a value of 7 and culture medium was added. The treated 133 134 virus solution was serially diluted ant titrated on Vero-E6 cells. Cell infection experiments 135 Caco-2 cells on coverslips or filter inserts were infected for 1 h at a multiplicity of infection 136 (MOI) of 0.1 - 1.0. Afterwards remaining inoculum was washed away and the cells were 137 incubated in culture medium at described conditions. TER measurements in filter inserts were 138 139 conducted every 24 h. Samples for microscopy were fixated with 4% methanol-free paraformaldehyde, afterwards blocked by 25 mM glycine in phosphate buffered saline (PBS). 140 Samples for quantitative PCR (qPCR) were collected in AVL buffer (Qiagen, Germany) in 141 case of culture medium or RLT buffer (Qiagen) in case of cells and stored at -80°C. For virus 142 titration from infection kinetics culture medium was stored at -80°C. 143 Quantitative RT-PCR 144 RNA from culture supernatants and cell lysates was extracted according to manufacturer's 145 specifications by QIAamp Viral RNA Mini Kit and RNeasy Mini Kit, respectively. Reverse 146 transcription was performed with M-MLV reverse transcriptase (Invitrogen, Germany). Virus 147 quantification was conducted by real-time RT-PCR, as described before (13). 148 Fluorescence microscopy 149 150 Fluorescence staining and confocal laser-scanning microscopy (CLSM) was performed as 151 previously described (14). The following antibodies were used: anti-ZO-1 (Zonula occludens protein-1), anti-EEA1 (early endosomal antigen 1), anti-hantaviral nucleocapsid protein 152 (1:100), Alexa-Fluor488 goat anti-mouse or -rabbit IgG, and Alexa-Fluor594 goat anti-mouse 153 154 or -rabbit IgG (1:500; Invitrogen). Cell nuclei were stained with 4'-6-diamidino-2phenylindole dihydrochloride (DAPI, 1:1,000). 155

Epithelial apoptosis

Occurrence of apoptosis was visualized by TUNEL assay (terminal deoxynucleotidyl transferase–mediated deoxyuridine triphosphate nick-end labeling, In-situ Cell Death Detection Kit-Fluorescein, Roche, Germany) in Caco-2 monolayers four days post infection as previously described (14). Percent of apoptotic events were calculated as ratio of all cells in a low-power field (200 x magnification). Six pictures per sample containing more than 1,300 cells each were counted for the analysis.

Animal experiments

Female Syrian golden hamsters, age 6-8 weeks (Harlan, Indianapolis, USA) were anesthetized by inhalation of vaporized isoflurane using IMPAC 6 veterinary anesthesia machine. Once anesthetized hamsters were challenged intragastrically with 1,000 PFU PUUV, 10,000 PFU PUUV, or 10,000 PFU γ -irradiated PUUV (3x10⁶ rad) diluted in 1mL sterile PBS delivered by a 3 mL syringe with a 2-inch 18 gauge gavage needle. Forty-two days post PUUV infection hamsters were challenged intramuscularly (i.m., caudal thigh) with 200 PFU ANDV diluted in 0.2 mL sterile PBS delivered with a 1mL syringe with a 25-gauge five-eighths-inch needle. All work involving hamsters were performed in an animal biosafety level 4 (ABSL-4) facility. Euthanasia was performed on hamsters meeting early endpoint criteria.

Research was conducted in compliance with the Animal Welfare Act and other federal statutes and regulations relating to animals and experiments involving animals and adheres to principles state in the Guide for the Care and Use of Laboratory Animals, National Research Council, 2011. The facilities where this research was conducted are fully accredited by the Association for Assessment and Accreditation of Laboratory Animal Care International.

N-specific ELISA assay:

ELISA plates (Costar, United States) were coated with recombinant PUUV N-antigen in carbonate buffer (pH 9.6) overnight at 4°C. Plates were blocked with PBS, 5% skim milk, and 0.05% Tween 20 (blocking solution) for 1 hour at 37°C, washed once with PBS and 0.05% Tween 20 (wash solution), and incubated with hamster sera diluted in blocking solution plus 2% *Escherichia coli* lysate for 30 minutes at 37°C. Plates were washed 3 times with wash buffer and incubated for 30 minutes at 37°C with horseradish peroxidase-conjugated goat anti-hamster IgG (Kikegaard & Perry Laboratories [KPL], USA) in blocking solution. Plates were washed 3 times with wash buffer and incubated for 10 minutes at room temperature with tetra-methylbenzidine substrate (KPL). The colorimetric reaction was stopped by adding Stop solution (KPL) and the absorbance at 450 nm was determined. The specific sum optical density (OD) was calculated by adding the background subtracted OD values, for dilutions whose OD was greater than the mean OD for serum samples from negative-control wells plus 3 standard deviations. The PUUV N antigen was used to detect not only PUUV but also ANDV N-specific antibody responses as previously reported (12). Hamster sera were heat inactivated before testing by ELISA.

Statistics

- Data are expressed as mean values \pm standard error of the mean. Statistical analysis was
- performed using 2-tailed Student t test. $P \le 0.05$ was considered to be statistically significant.
- 197 GraphPad Prism 6 software was used for the analysis.

RESULTS

Susceptibility of hantavirus towards gastric juice.

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PUUV survival in the gastric lumen was tested *in vitro* by incubation of virus stocks to human gastric juice of varying pHs. The antiviral activity of gastric juice was effective at low pH between 1 and 3, with no virus surviving an exposure of as little as 1 minute. PUUV did survive exposure at pH values of 4 or 5 with an effective titer reduction below 1 log₁₀ at pH 7 (Figure 1A). Virus replication in Caco-2 monolayers Prior to beginning experiments we confirmed that Caco-2 cells expressed \$1- and \$3-integrins as well as CD55/DAF, the receptors preferentially used by hantaviruses for entry, on their surface (data not shown). Experimental infection of human intestinal cells, Caco-2, with PUUV at MOI 0.1 revealed a time-dependent increase of intra- and extracellular viral load by quantitative RT-PCR assays (Figure 1B). The intracellular localization of hantavirus in Caco-2 cells could also be visualized by CLSM between 24 and 96 h post infection (p.i.). Hantavirus antigens were found intracellularly in co-localization with early endosomal antigen 1 (EEA1), demonstrating endosomal localization of virus particles (Figure 1C). In cells infected with UV-inactivated virus such signals were not present (data not shown). Translocation of PUUV through Caco-2 monolayers after apical infection could be shown by qRT-PCR detection of viral RNA in basal culture medium. The basal release of viruses was detectable after 24 h and it increased by 2 log₁₀ over the next 216 h (Figure 1D). *Epithelial barrier dysfunction in infected Caco-2 monolayers* Infection of Caco-2 monolayers at MOI 0.1 revealed stable TER values up to 48 h p.i., however, by 72 h p.i. the TER decreased to 60% of the initial value (Figure 2A). Using CLSM, viral antigen was observed intracellularly, in close proximity to the tight junctions, which exhibit condensed zonula occludens protein-1 (ZO-1) (Figure 2B). However, clear colocalization of PUUV and ZO-1, as evidenced by a lack of yellow signal, did not occur,

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excluding a direct interaction. Moreover, the ZO-1 staining pattern could indicate a disturbed gate function (Figure 2C), by actomoysin-constriction mediated tight junction re-distribution, which could also lead to a loss of cell-cell contacts. To exclude the possible induction of cell death by apoptosis Caco-2 monolayers were stained by TUNEL 240 h p.i. Apoptotic events counted in PUUV-infected monolayers did not differ significantly from mock-infected monolayers (0.46% \pm 0.10% versus 0.42% \pm 0.05%, n=5, P = 0.73). Infection of Caco-2 monolayers with higher concentrations of PUUV (MOI 1.0) revealed earlier and more pronounced effects (Figure 2C). Here, the condensation of ZO-1 was found by 48 h p.i., followed by disappearance of ZO-1 signals, and finally cell detachment and/or cell exfoliation leading to epithelial leakage by 96 h p.i. Administration of PUUV intragastrically leads to productive infection in Syrian Hamsters Groups of eight hamsters were instilled intragastrically with either 1,000 PFU PUUV or 10,000 PFU PUUV. To confirm that seroconversion was caused by active viral replication, and not input virus, a control group of eight hamsters was injected with 10,000 PFU γirradiated PUUV. 35 days post challenge the hamsters were bled, and seroconversion evaluated by N-ELISA (Figure 2D). 2/8 hamsters in the 1,000 PFU challenge group, and 3/8 hamsters in the 10,000 PFU challenge group seroconverted. None of the hamsters instilled with irradiated virus seroconverted, confirming that viral replication occurred in seroconverted animals. Prior infection with PUUV is able to protect animals from lethal ANDV challenge. To confirm that hamsters which had seroconverted were truly infected, at 42 days post PUUV challenge all hamsters were challenged with 200 PFU of ANDV. 5/5 (100%) of the seroconverted hamsters survived ANDV challenge, confirming infection, while 15/19 (79%) of non-seroconverted hamsters succumbed (n=24, P=0.003 according to Fisher's exact test).

In the human alimentary tract entering viruses encounter gastric acid and proteolytic enzymes

The survival curves for PUUV intragastrically "vaccinated" hamsters are in Figure 2E.

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DISCUSSION

Stomach physiology, survival in the gastric lumen

with gastric contents falling below pH 4 a maximum 70% of the time (15). pH values in human stomach can postprandially easily increase above pH 5.0, even, up to pH 7.0 in young children after consumption of food with high buffer capacity such as milk or milk products (15, 16). Stomach transit times can vary between 5 minutes and 2 hours, depending on food and liquid intake (17). Dyspepsia, which is diagnosed in up to 25% of western population, is treated with proton pump inhibitors (PPIs), leading to elevated pH and higher susceptibility to gastrointestinal infections (18). In our study PUUV was shown to be able to survive human gastric juice for at least 15 min at pH 4, though viral titers were reduced by 3 log₁₀. Exposed to gastric juice at pH 5 for 15 minutes, the reduction of virus titer amounted to 2 log₁₀ and at pH 7 less than a 1 log₁₀ loss of viability was observed, suggesting the virus can survive long enough to be viably released into the duodenum. Postprandial decreases in gastric pH can lead to reduced activity of gastric proteolytic enzymes, like pepsin A or pepsin C, making the environment even more conducive to viral survival. Under postprandial or achlorhydric conditions the antimicrobial gastric barrier is vulnerable and can be overcome by pathogens (15, 19). Finally, stomach conditions are dependent on the host's age, health status (gastric secretion rate), and nutritional preferences (buffer capacity of the food) leading to variable risk factors for hantavirus survival and therefore infection through the gastrointestinal tract.

Intragastric inoculation followed by a systemic infection has been previously demonstrated in the hamster model of hantavirus pulmonary syndrome using Andes virus (9). The intragastric 50% lethal dose (LD_{50}) of 225 plaque forming units (pfu), higher than the LD_{50} for both intranasal ($LD_{50} = 95$ pfu) and intramuscular ($LD_{50} = 8$ pfu) infection, indicating the route of infection was the least efficient of the three (9). The fact that the intragastric route leads to productive infection at all, however, suggests that it is a possible route of human infection. Moreover, the high pH of the rodent stomach (median of pH 3.1 - 4.5 in the mouse) in comparison to pH values known from humans (20) implicates an even easier transmission among the host animals.

Endocytotic cell entry

The small intestinal tissue, with its major resorptive function, is an entry site for pathogens including Norovirus or *Yersinia enterocolitica*. The MALT (mucosa-associated lymphoid tissue) is the site for replication and dissemination for several pathogens including HIV (21). In our experiments Caco-2-derived human intestinal epithelial cells are capable of being infected by PUUV. The virus localized to the endocytic pathway, as visualized by colocalization of virus N-protein with EEA1, as already shown for Hantaan virus in Vero-E6 cells (7), while the membrane ruffling visible at late time points of infection could be an additional sign of high endocytic activity. Moreover, interactions of pathogenic viruses with tight junction proteins containing PDZ domains (PSD-95/Dlg/ZO-1) or CAR (Coxsackie virus and adenovirus-receptor) have been frequently described (reviewed in 22) as have interactions between old world hantaviruses and DAF/CD55 (5). The data presented here, including the proximity of viral nucleocapsid protein to tight junctions together with ZO-1 ruffling, reinforce the idea that PUUV uses similar mechanisms during its infection of intestinal epithelial cells.

Epithelial barrier dysfunction

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As the result of hantavirus infection, transcytotic viral uptake occurs as seen in our cell culture infection model, even at low MOIs. In cell culture experiments using higher viral concentrations, cell detachment and severe epithelial damage takes place with preceding cytoskeletal rearrangements (data not shown) and tight junction impairment. Finally, cell rounding and detachment lead to significant barrier dysfunction. Loss of cells due to apoptosis could be excluded, but cell exfoliation or shedding, as well as other cell death mechanisms like autophagy or necrosis, could play a role in the pathogenic action of hantaviruses in the gut. The latter condition may more accurately resemble clinical cases of hemorrhagic fever, where a manifestation of hantavirus disease is compromised endothelial barrier function leading to petechiae or even hemorrhages (2). Since disturbance of epithelial barrier function in the intestine leads to paracellular antigen influx (leaky gut concept [14]), entry of further virus particles and luminal bacterial antigens is possible. This could provoke immune activation and gastrointestinal symptoms like diarrhea, vomiting or abdominal pain, which are often found in clinical HFRS cases. In the Syrian hamster model of intragastric PUUV infection we were able to confirm that the virus is capable of infecting, and replicating within the animal at a challenge dose of 1,000 PFU, as measured by seroconversion and protection from lethal ANDV challenge. Given the limited number of doses tested it is not possible to determine a precise infectious dose that infects 99% (ID99) of hamsters, however, given that only 3/8 hamsters infected with 10,000 PFU PUUV seroconverted the ID99 must be higher than that dose. This would make the ID99 for intragastric infection at least 10 fold higher than for intramuscular or intranasal (unpublished data, Hooper lab), indicating that while intragastric infection is possible; it is less efficient than other methods used in the laboratory.

320	Hantavirus route of infection
321	Here, we present evidence that the oral route of transmission, potentially by contaminated
322	food, is plausible for PUUV. Furthermore, it is supposable that encapsulated virus particles
323	from bronchioalveolar exudate can infect the host via the alimentary tract when swallowed,
324	which is a common event. The results of our work denote a new aspect of hantavirus
325	pathogenesis to be included in epidemiological considerations.
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FIGURE LEGENDS

Figure 1. Infection of intestinal cells by hantavirus

A) Hantavirus survival in gastric juice. Infectious dose of 10⁶ Puumala virus (PUUV) particles was suspended to pure gastric juice set to pH 1 - 7 with NaOH for 1, 10, or 15 min. After given incubation intervals the gastric juice was neutralized with NaOH and the virus suspension was used to infect VERO-E6 cells for focus titration of infectious particles.

B) Growth kinetics of hantaviruses in Caco-2 cells. Caco-2 cells growing on cell culture slides were infected with PUUV at MOI of 0.1. Viral replication was monitored by qPCR in culture medium and cells. C) Intracellular localization of hantavirus in Caco-2 cells. Confocal laser-scanning microscopy (CLSM) of infected cell monolayers. Caco-2 cells growing on coverslips were infected with PUUV at MOI of 0.1. The cells were fixed with methanol-free formaldehyde and stained with antibodies against PUUV nucleocapsid protein (red) and early endosomal antigen 1 (EEA1, green). Cell nuclei were stained by DAPI (blue).

D) Translocation of hantavirus through polarized Caco-2 monolayers. Caco-2 cells growing on filter inserts for at least 3 weeks were infected by PUUV at MOI 0.1. Apical and basal medium were collected at 24, 120, and 240 h p.i. and investigated for viral replication by qPCR.

Figure 2. Epithelial barrier dysfunction and loss of cellular integrity

A) Epithelial barrier dysfunction in infected Caco-2 monolayers. Caco-2 cells growing on filter inserts were infected by PUUV at MOI 0.1. Transepithelial electrical resistance (TER) was measured during infection with chopstick electrodes. **B)** Tight junction disturbance. Caco-2 cells grown on filter inserts were infected with PUUV at MOI of 0.1 and analyzed by

CLSM. At 48h cells were fixed and stained for PUUV nucleocapsid protein (red) and zonula occludens protein 1 (green). Cell nuclei were stained by DAPI (blue). C) Leaks in Caco-2 cells monolayers at high MOI. Caco-2 cells grown on coverslips were infected with PUUV at MOI of 1.0. At different time points the cells were fixed and stained with antibodies against PUUV nucleocapsid protein (red) and zonula occludens protein 1 (green) and analyzed by CLSM. Mock control is shown at 96 h. D) Intragastral infection of hamster by Puumala virus. Syrian hamsters (animal numbers given on the x-axis) were infected with either 1,000 PFU, 10,000 PFU or 10,000 PFU γ-irradiated PUUV. Thirty five days post infection hamsters were bled to test for seroconversion by N-ELISA. Dots represent hamsters for which subsequent ANDV challenge was lethal. E) Survival curves for hamsters "vaccinated" intragastrically with PUUV. 42 days post intragastric PUUV challenge, the same hamsters were challenged with 200 PFU ANDV i.m.





